

	T	I	M	E	L	I	N	E
Sat	Sep 19		9:30 a ▶ 11:30a					Gr5 Parent Meeting
Tue	Sep 22		7:00 p					Class Rep Meeting
Wed	Sep 23		7:00 p					The First Seven Years Seminar Series: Child Development
Thu	Sep 24		6:30 p					HS Parent Meeting
Fri	Sep 25		8:00 p					Gr1 Parent Meeting
			7:00 p					Plum Cottage KG Parent Meeting
			7:00 p					Gr3 Parent Meeting
			7:00 p					Dandelion PS Parent Meeting
Tue	Sep 29		7:30 p					The First Seven Years Seminar Series: Children's Drawings
Wed	Sep 30		8:45 a ▶ 10:15a					Waldorf Welcome
			7:00 p					Gr7 Parent Meeting
			7:00 p					Red Rose KG Parent Meeting

School Announcements

▼ **Absentees** Grade School parents: If your child is absent please call (604)985-7435 and press 5 to leave a message in the Attendance voice-mailbox. We need to know that your child has not been sent to school and for what reason. High School parents please call High School reception at (604)986-2922. Early Childhood parents may leave a message with their child's teachers by dialing ▶ (604)985-7435, then enter x104 for Red Rose, x103 for Plum Cottage, x101 for Sunflower or x102 for Dandelion and Mulberry Bush Preschools.

Thank-you, Ronaye

▼ **Stone Soup 2009** Mark your calendars - Stone Soup is back! On **Saturday, October 24**, you can once again enjoy the incredible talent that lives in our community. This adult evening will be hosted by VWS parent Gary Jones and will wind up with dancing to Mark Fortin's (also VWS parent) smoking hot band, *Clive's Timing*. If you have never before attended Stone Soup, please ask your fellow parents- it is really a spectacularly entertaining evening. Proceeds from the evening will be donated to the Gr12 year-end trip. Tickets go on sale **October 1**. More information (price, time, program, etc) forthcoming.

Meg Cameron ▶ (604)619-4461

Email ▶ mcameron@vws.ca

▼ **Lost and Found** Please label your children's clothing. It makes it much easier to locate the owner! Thank you, Ronaye

▼ **Wanted: Alive Preferred!**

We need help this year to build a beautiful costume inventory, replacing old, tired items and making some new pieces from donated fabric. If

you have time and skill to cut, sew and chat alongside the costume visionaries please contact Ms. Glick for work party information. Work parties are ongoing through the year, to be held at Ms. Glick's home/studio.
Ms. Glick ▶ (778)686-8198

Waldorf Education for Parents

▼ **The First Seven Years Seminar Series for Parents**

Our Early Childhood faculty are once again offering this excellent and very popular series on early childhood development. How does Waldorf Education see the first seven years as a foundation for life and what can parents do to support this development? Eleven sessions beginning Tuesday, September 15, in the Marjorie Thatcher Room in the Early Childhood Center. Please feel free to invite friends, family and colleagues! There is no charge if you have a child enrolled in the school. For more information please call Ronaye Ireland ▶ (604)985-7435 x 0 or check

▶ www.vws.ca

Our Greater Community

Anthroposophical Events

The Greater Vancouver Therapeutical Society for Anthroposophical Medicine (GVTSAM) warmly welcomes teachers, parents and friends to attend our **2009 Medical Conference**, the third in our series about *Spirituality in Medicine*. **Dr. Michaela Glöckler**, pediatrician and head of the Medical Section of the School of Spiritual Science in Dornach, Switzerland, will once again be our guest speaker and lead us further along our chosen path. In 2007 Dr. Glöckler addressed

The Updater

Editing & Production

M. Woldring
Mary Paradis
AninA Formankova

Distribution by email

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Friday, October 2, 2009

Submissions are due

Monday, September 28 at 3:00p

Submit to:
bulletin@vws.ca

In order to be published, submissions must be received electronically before the deadline and include the full name of the contributor.

Hand written submissions will not be accepted.

Marketplace and Community Advertisements

Maximum 100 words.

Ad cost: \$ FREE

Submissions over 100 words will not be printed or returned. Submissions submitted after the deadline will be included at the discretion of the editor.

Subscriptions

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Mail \$50 / year

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Items and advertisements appearing in this Bulletin may be the opinions or beliefs of their contributors, and may not necessarily reflect the policies or ideas of The Vancouver Waldorf School.

Direct all questions to:
mwoldring@vws.ca
2725 St Christophers Rd
North Vancouver, BC
V7K 2B6

Spirituality in Medicine, Health, Healing and Illness; Ethical Questions in Medicine and Questions for Priests and Doctors, a report of which may be found in our 2008 Newsletter. This year she will speak about *Physician, Teacher and Priest, Healers of the Future: An Anthroposophical Approach to Healing*. The conference will be held at the Vancouver Waldorf School from **October 2 to 4**. The Friday lecture, *The Journey toward Health: Mission of the Physician, Teacher, and Priest* will begin at 7:30p. Please see our brochure in the lower school for further information.

Email ▶ gvtsam@19physio.com or contact either Donna Martin ▶ (604)926-1266 or Kyle Morton ▶ (604)926-4864

▼ You are invited to *An Evening of Song and Story*: two fairytales performed in Eurythmy, and a song cycle. Part of the Medical Conference, this wonderful artistic evening will be held on **October 3** at 8:00p at the Kay Meek Centre, 1700 Mathers Ave., West Van. The program includes:

The Bremen Town Musicians : performed by the Cascadia Society and friends of the Camphill Communities of B.C. under the direction of Ruth Tschannen.

The Rock Spring Wonder, a tale from the Mystery Dramas of Rudolf Steiner: performed by the Pacific Northwest Eurythmy Group, a group of performing Eurythmists living between Vancouver, BC and Portland, Oregon.

Olaf Asteson, a song cycle which tells the story of a young man who undergoes a soul-journey as he sleeps through the 12 Holy Nights of Christmas: performed by Annette Olgaard-Lampson, experienced singer and conductor who has trained at the School of Uncovering the Voice (*Werbeck Singing*) and has recently earned a diploma in Therapeutic Singing. Tickets range from \$10 to \$20.

▼ Dear Friends, The Anthroposophical Society of Greater Vancouver has several study groups and course offerings for the fall term at the Rudolf Steiner Centre, 3743 Delbrooke Ave, North Vancouver. All are welcome. Currently offering: Study of *An Outline of Esoteric Science* by Rudolf Steiner, using an edition translated by Catherine Creeger, published by Anthroposophic Press (now SteinerBooks). **Mondays, 9:30a to 10:40a beginning September 14**. Eurythmy will be offered at 9:00a for those interested.

Study of *Meditations on the Tarot*, ongoing Tuesday nights from 7:50p to 9:15p. Eurythmy offered at 7:30p for those interested.

Study of Rudolf Steiner's *Foundation Stone Meditation* with eurythmy, ongoing every other Sunday 9:30a to 12:30p, ending with a Sophia Celebration, refreshments included.

Please contact us for further information.
Randall & Josie Scott ▶ (604)988-8424 or ▶ (604)988-4600

Email ▶ rosamundi@shaw.ca

Other Events of Interest

▼ Just to let everyone know, GTI (Grand Theft Impro) starts a monthly residence at Presentation House's Ann Macdonald Studio on **Sunday, September 27**. GTI's mission is to bring some of Vancouver's best loved players back to the wonderful world of improvisation. Last year GTI guested Richard Side, Jay Brazeau, Mike Black, Veena Sood, Ian Boothby, Christine Lippa and more. This month's line up includes **VWS parents Gary Jones and Alan Marriott** as well as welcoming once again the prodigious talents of improv veterans, Ian Forsyth and Robin Mosseley. GTI is a celebration of all that is wonderful about improv theatre and is a joy to watch. So come on down! Show time is 7:00p, Tickets are \$10 at the door and seats can be reserved in advance at ▶ cfcnorthshore@gmail.com. The Ann Mac Studio is at Presentation House on the corner of 3rd and Chesterfield in North Vancouver.

Alan Marriott

Childcare

▼ I have a small family **daycare** close to the school. I am a trained Nursery Nurse and Kindergarten teacher and also studied Anthroposophy at Emerson College. Over the years I have looked after some of the very young children of faculty members and other parents. My children attended the Waldorf School. I have a space in my home created for the daycare, a beautiful garden with a gate allowing access to a forest and creek. I have toys made of natural materials, wooden blocks and cloth dolls, and the children bake with me and paint.
Eileen Reilly ▶ (604)984-7929

▼ **After School Care Group** for children Grade 1 through Grade 8 from 3:00p to 6:00p, Monday to Friday, beginning in November, in my home. Tutoring available, handwork, painting, baking and more creative projects, walks, snacks provided! Book now in month-long blocks, multi-day discounts available. Group size limited to seven. Suzanne Glick ▶ (778)686-8198

▼ **Available for Babysitting** My Name is Teresa Macintosh; I graduated from the VWS in 2006. I have been a nanny for three years including looking after children from the Waldorf community. I also worked at the VWS as an aide in the Red Rose kindergarten for a year. I live close to the school and am available days, weekends and evenings. Call me if you have any questions. Teresa ▶ (604)990-4670

▼ Caring, consistent, patient, highly qualified **nanny** is looking for the perfect family - possibly families! I have over 10 years experience working with children of all ages from infants to teenagers. I have a B.S. in child learning and development as well as a teaching certificate for Early Childhood to Gr4 which I am currently in the process of transferring to BC. My name is Angela Mendez, and if you would like to schedule an interview please call ▶ (778)688-5263 or Email ▶ stay.human.ajm@gmail.com

Accommodation and Transportation

▼ The Pacific Northwest Eurythmy troupe who performed for VWS students last Spring are performing as part of the Medical Conference October 2 – 4. I am looking for people who can host them with accommodation for the Friday and Saturday evenings. If you can offer a welcoming space it would be very much appreciated. Esther Chase ▶ (604)925-4194

▼ Evgeny Shcherbakov, VWS high school choral director and eurythmy

accompanist, is seeking to move closer to the school with his family and one well behaved cat. They are looking for a **2 bedroom apartment or suite**. Evgeny or Irina ▶ (778)397-3889 Email ▶ mailto:evgshch@gmail.com

▼ We have a sunny extra-large **one bedroom suite for rent**. \$1000 month includes all utilities, in suite laundry, off street parking and walking distance to the school or on the bus route to the high school. Available **October 1** or sooner. Amanda ▶ (604)617-2507

▼ **3-Bedroom Unit for Sale at Cranberry Commons Cohousing**. 12 minutes from the VWS. Cranberry Commons Cohousing is a community of households that live in a cluster of homes in an urban village setting. Through managing our community and sharing common spaces, activities, and equipment, we enjoy co-operative and friendly relationships with our neighbours. Our cohousing community was created by people who wanted to design housing that would support greater social interconnectedness while making efficient use of resources. In addition to its social focus, Cranberry Commons holds respect for the environment as one of its highest values. This unit will sell quickly. Offers will only be accepted on **October 4**. ▶ www.cranberrycommons.ca for more information or Email ▶ zan@cranberrycommons.ca to receive more details.

Zan Romeder, VWS Parent

▼ Gr6 student in great **need of car pool** between home on East 21st (just off Grand Boulevard) and VWS. May add maybe 10 minutes to your trip if you are willing to go out of your way. Any trips greatly appreciated!! Can reciprocate with gas \$, Shamanic Reiki Healing, or beginner belly dance lessons/workout. Juliette ▶ (604)671-7032

▼ **Carpooling Needed** Kindergarten student, for Thursdays and Fridays picking-up from Aftercare at 3:00p. Can carpool, exchange am/pm driving

from/to East Vancouver (Commercial Dr.). Alternatively we can offer some gas money, tutor French or repair or teach computer. Louise or Barry ▶ (604)321-4064

Marketplace

▼ Dear Friends, I have recently completed a 3-year program in Integrated Energy Healing, opened a studio in Lynn Valley and am ready for clients! First session is 50% off. For more information you can check my website ▶ www.thepurpleheart.vpweb.ca Ronaye Ireland

▼ Prepare for the upcoming influenza season, using homeopathy and other natural healing tools. Join classical homeopath Susan Drury for a 2 hour seminar on natural ways to build up your immunity, protect yourself from contracting the flu and learn how to treat any illness that does come up (including the H1N1 virus) with a specifically designed selection of homeopathic remedies to have on hand. Sessions are **Monday, September 28** from 6:30p to 8:30p or **Thursday, October 1** from 9:30a to 11:30a at the Mollie Nye House. \$25 per session. Call

▶ (604)671-7863 to reserve your place and be prepared for whatever influenza scenario will play out this year.

▶ www.healinglifehomeopathy.com

▼ Lorna Fortin (our VWS cello teacher) will be appearing as a guest performer in the upcoming **Live and Plugged-in** with Karen Larson, Lindsay May and Mark James Fortin and Clive's Timing at St. James Hall on **Friday, September 25** at 8:00p. Advance tickets \$10 or \$12 at the door. Contact Lorna for tickets or more info.

Email ▶ markandlorna@telus.net

▼ **Piano and Vocal Lessons** Irina Shcherbakova, the VWS high school choir accompanist, experienced and highly qualified teacher for piano and voice is offering lessons, beginning in September. For all ages and levels. Evgeny or Irina ▶ (778)397-3889
Email ▶ evgshch@gmail.com

▼ A big shipment of Rothe Biodynamic organic Gala apples \$50/40 lb box, bosc pears \$50 /45 lb box and late Italian prune plums \$30/25 lb box are coming this **Saturday, September 19**. Contact Les Tulloch ▶ 604 765-3548 or
Email ▶ Lestulloch@shaw.ca
to place an order or see me in lower school parking lot, white Ford Explorer truck.

▼ **Free Horse Manure** in convenient bags or recycling boxes.
Lora ▶ (604)929-9347

▼ Beautiful, sweet-tempered, smart, housebroken, pedigreed 3 year-old **German shepherd** looking for a good home. This is my son's dog, and his work makes it difficult to properly look after her. Jada is very social and needs lots of exercise, would be a good companion for children, and is best suited to an active household with a large yard or acreage. Although very responsive to her current owner, she would need some training in a new family.
Email ▶ klh@kikuhawkes.com
Kiku Hawkes ▶ (604)251-4476

▼ I have 22 tickets available for each of the following Canucks hockey games: 7:00p, **Sunday, October 11** vs Dallas Stars, \$85 each, section 305 and 7:00p **Saturday, October 18** vs Minnesota Wild, \$75 each; section 304. All the seats are together in 2 rows, so this is a hard-to-get opportunity to bring friends and family to the game. I also have 4 seats together in the lower bowl, section 112 row 11, for most home games, \$120 each.
Les Tulloch ▶ (604)765-3548 or
Email ▶ Lestulloch@shaw.ca

▼ **For sale** Two pine loft bed frames (twin size - fits 39" mattress width) in fine shape (some stickers of course!). Each loft bed comes with a 3 drawer set of drawers; drawer slides need replacement. \$100 each set for bed frame and drawers.
Two organic cotton futon mattresses, twin size. Some light staining. \$50 each.
Andreas ▶ (604)230-0560

▼ We are looking to **adopt a kitten**. If anyone knows someone who has kittens looking for a home please let us know.
Ramona Aston ▶ (604)929-4229

The First Seven Years

Laying the Foundation for Life

Tuesdays

7:30 pm to 9:00 pm



At the Vancouver Waldorf School we understand that a child's experiences in the first seven years set a foundation for life. What can parents and teachers do to support a child's physical, emotional, intellectual and spiritual development?

\$10 per session.

No charge for VWS parents

Each session builds on earlier sessions, and we encourage participants to attend the series as a whole.

Drop-ins are also welcome.

ADULTS ONLY.

at the
Vancouver Waldorf School
2725 St Christophers Road
North Vancouver

Info and registration
(604)985-7435 x 0

www.vws.ca

Seminar Series

- Sep 15, 2009 **The Incarnating Child**
Blanka Ponec
- Sep 22, 2009 **Child Development**
Blanka Ponec
- Sep 29, 2009 **Child Development II: Children's Drawings**
Blanka Ponec
- Oct 06, 2009 **Rhythm & Routine**
Jill Dow
- Oct 13, 2009 **The Gateway to Wholeness: The Twelve Senses**
Blanka Ponec
- Oct 20, 2009 **The Media**
Ramona Aston
- Oct 27, 2009 **Free to Play**
Esther Chase
- Jan 12, 2010 **Guidance - A Path to Discipline**
Monica Flamenco
- Jan 19, 2010 **Nutrition**
Marjorie Thatcher
- Jan 26, 2010 **The Healing Power of Sleep**
Blanca Ponec
- Feb 02, 2010 **Story Telling & Fairy Tales**
Esther Chase

