

T	I	M	E	L	I	N	E
Fri	Feb 17	7:00 p	<b>Gr5 Play: <i>The Light of Osiris</i></b>				
Mon ▶ Fri	Feb 20 ▶ Feb 24		No School for GS/ECE. February Conference Week for faculty Work Experience Week for HS				
Tue	Feb 28	7:00 p 7:30 p	<b>Gr11 Parent Meeting</b> The Next Seven Years lecture by Phil Fertey. GS Hall				
Wed	Feb 29	7:00 p	<b>Gr10 Parent Meeting</b>				
Sat	Mar 3	7:00 p	<b>Improv Comedy Night. Gr 12 Fundraising Event</b>				
Mon Wed	Mar 5 Mar 7	7:00 p 8:45 a ▶ 10:15 a 7:00 p	<b>Gr1 Parent Meeting</b> <b>Waldorf Welcome</b> <b>Gr6 Parent Meeting</b>				
Tue Wed	Mar 13 Mar 14	7:00 p 7:30 p	Understanding Your Child's Social Life. Parent Study Group with S. Nelson <b>Sunflower KG Parent Meeting</b>				
Fri Sat	Mar 9 Mar 17	7:00 p 10:00 a ▶ 3:00 p	<b>Gr7 Play: <i>Great Minds of the Renaissance</i></b> Spring Market				
Thu Fri	Mar 22 Mar 23	1:15 p 6:30 p 12:20 p	Early Dismissal <b>GS</b> only <b>Festival of the Arts.</b> Centennial Theatre Early Dismissal. End of Winter Term				
Tue	Apr 10		Spring Term begins				

## School Announcements

▼ **Seven to Fourteen: The Next Seven Years** An evening lecture for parents **Tuesday, February 28** at 7:30pm.

How does Waldorf education nurture the development of children once they are ready to begin formal academic learning in first grade and beyond? The process by which new skills and knowledge are learned, through cultivating the child's imaginative faculties, is at the centre of Waldorf education. Please join our current second grade teacher Phil Fertey for an in-depth look at the Waldorf grade school curriculum.

**We extend a special invitation to early childhood families and hope that many of you will be able to attend.**

Please contact Fiona Thatcher for more information ▶ (604) 985-7435 x 200

▶ [admissions@vws.ca](mailto:admissions@vws.ca)

▼ **Commitment Forms 2012-2013.** It is the time of year when we begin to prepare for the 2012-2013 school year. Part of this preparation involves Commitment Forms and deposits from families with children in grades/programs with projected full enrolment for September. This includes September 2012 Grade Five; Grade Three, Grade Two, Grade One, and all Kindergarten and Preschool classes. Commitment forms will be mailed over the February break to families with children who would potentially be in any of the above programs. Completed forms and deposits

are due by **Friday, March 2.**

Please note that for all other grades, no commitment deposit is required and students are considered enrolled on a continual basis. Families with students in other grades who do not wish to return next year are asked to notify the school in writing on or before **April 10, 2012.** Please contact Fiona in the Admissions office if you have any questions ▶ (604) 985-7435 x 200 or

▶ [admissions@vws.ca](mailto:admissions@vws.ca)

▼ **The graduating Class of 2012** is inviting the whole school parents, teachers, alumni and community members to a FUN-draiser: **Improv Comedy Night** on **Saturday March 3, 7:00p.** Please join us for a night of laughter with the regionally famous improvisors Gary Jones and Alan Marriott (VWS parents) and guest star Mike Black. There will be plentiful tapas, silent and live auctions, cash bar and dancing until much later than usual. The Improv Night is being held at Dance Addicts Studio, 4622 East Hastings. Tickets are \$40 in advance and \$50 at the door. Buy your tickets from any Gr12 student or parent or at the Grade and High School offices. 19 years and over only. For more information call Meg ▶ (604) 619-4461 or Martina ▶ (604) 562-4093

▼ **Our school camera** is in need of replacement. Over the years, many photos that capture beautiful VWS moments have been taken. Our new camera must be able to take high-quality indoor photos without a flash. If you would like to

# The Updater

Distribution  
by email

The Updater is published bi-weekly during the school year for the parents and friends of The Vancouver Waldorf School.

The next Updater publication will be

Friday, March 9, 2012

Submissions are due

Monday, March 5 at 3:00p

Submit to:

[bulletin@vws.ca](mailto:bulletin@vws.ca)

In order to be published, submissions must be received electronically before the deadline and include the full name of the contributor.

Hand written submissions will not be accepted.

Marketplace and Community Advertisements

Maximum 100 words.

Ad cost: \$ FREE

Submissions over 100 words will not be printed or returned. Submissions submitted after the deadline will be included at the discretion of the editor.

Subscriptions

Email \$ FREE

Child \$ FREE

Pickup \$25 /year

Mail \$50 /year

Disclaimer

Items and advertisements appearing in this Bulletin may be the opinions or beliefs of their contributors, and may not necessarily reflect the policies or ideas of The Vancouver Waldorf School.

Direct all questions to:  
[bulletin@vws.ca](mailto:bulletin@vws.ca)

2725 St Christophers Rd  
North Vancouver, BC  
V7K 2B6

donate towards this item, please contact Zan or Feza at [development@vws.ca](mailto:development@vws.ca). Thank you in advance!

▼ **Warm Winter Workshops:** Plant dyeing 101  
This three part class is designed to introduce you into the world of natural color and capturing its beauty on silk and wool textiles. Play silks, puppetry silks, wool fleece, yarns and wool felt will all be dyed. Waldorf teachers are encouraged to attend at 50% of the class fee. Open to the public, classes held at VWS in the Handwork room and school kitchen. Contact Suzanne Glick at [sglick@vws.ca](mailto:sglick@vws.ca) to register. Class size limited to 10.  
**Dates:** *habotai silks and wool felt* (puppetry silk)  
**Saturday, February 18** from 11:00a-4:00p  
*wool fleece, locks and yarns*  
**Saturday, March 3** from 11:00a-4:00p

▼ **The VWS Parent Council** meets twice a month. Next meeting is Tuesday January 24 from 1:00p to 3:00p. Please RSVP to [zromeder@vws.ca](mailto:zromeder@vws.ca) if you would like to attend. Everyone is welcome.

▼ **Red Door School Store** Open Monday – Friday 8:30a – 10:00a and after school until 4:30p. Art supplies, books, toys and natural health & beauty products. We specialize in fibre art supplies! We also offer ongoing craft classes weekday mornings & Wednesday evenings - Register in the store.

▼ **Dear Parents and Friends,**  
We warmly ask you to mark the evening of **Thursday March 22, 2012** at 6:30p on your calendars for our annual *Festival of the Arts*. *Festival of the Arts* is a special school event where the classes present their artistic gifts. The program includes eurythmy, recitation, music and singing, as well as a display of our students' work in handcrafts, drawing and painting. All classes, except Grade 1, are expected to participate. We warmly invite the Grade 1 students and their families to watch this first year. There will be **early school closure that day at 1:15p for the Grade School only**. Please watch the bulletin and publish for further Festival announcements in the coming weeks. Remember: **Festival of the Arts, Thursday, March 22 at 6:30p at Centennial Theatre, North Vancouver**.  
Wendalyn von Meyenfeldt

▼ **Notice** If you ordered a t-shirt from the VWS Grade Twelve class at the Christmas Fair and did not receive it, please contact the class of 2012 through Robert Adams at the High School office.

We're terribly sorry about the delay, and we will be giving a 50% refund for them as an attempt to repay you for your inconvenience.

Thank you, the Grade Twelve class.

## Our Extended Community

### Upcoming Events

**Eurythmy** Monday night classes will begin on Monday, January 30 for seven sessions, in the Eurythmy Roundhouse at 7:15 to 8.30p. This wonderful art of movement, expressive of speech, poetry and music is taught at the school to all the children. Beginners are welcome. For further information, contact Esther Chase ▶ (604) 925-4194

▼ **Spacial Dynamics Institute Presents:**

Jaimen McMillan, **Sat & Sun, Feb 24 – 25, 2012**

Vancouver Convention Center (by SeaBus downtown).

*Understanding the Child/Adult with Challenges*

**Fri Feb 24, 2:00p – 4:00p** (\$30 prepay, \$35 at the door).

*Managing Stress & Avoiding Exhaustion*

**Fri Feb 24, 7:00p-9:00p** (\$30 prepay, \$35 at the door).

*Introduction to Spacial Dynamics®* Saturday workshop 9:00a – 3:00p (\$175, register by Fe.10, \$195 after).

For more information, see the event flyer at the end of the Updater.

▶ [www.spacialdynamics.ca](http://www.spacialdynamics.ca) or

▶ [info@spacialdynamics.ca](mailto:info@spacialdynamics.ca)

▼ Norse Mythology is the focus of the **2012 Epic Storytelling Weekend** on **April 13-15** at our school. Tellers gather here from near and far to begin the story on Friday evening and continue until Sunday noon. It will be an exciting event to attend as a listener, and if this is one of your beloved folklores, you might consider participating as a teller or a musician.

For more information contact Abegael Fisher-Lang

▶ [afisherlang@gmail.com](mailto:afisherlang@gmail.com) or call ▶ (604) 985-5168

### Childcare

▼ **We require daily childcare** for our 4-year old girl in our Burnaby Heights home, starting in January. Activities would include picking her up from preschool, having healthy lunch/snacks, and taking her to occasional afternoon activities - all within walking distance of our home. We are seeking an experienced caregiver who can work approximately 20 hours per week from 11:30 am

to 3:30 pm, Monday – Friday (the end time may be flexible, depending on the day). Please contact Brenda at ▶ [brenkent2@gmail.com](mailto:brenkent2@gmail.com)

## Accommodation

▼ We are a new Waldorf family coming from Israel on July 2012 for one year. We are looking for a lovely house with four bedroom and backyard in Lynn Valley. We have five wonderful, pleasant boys from baby to almost 11. Father is a pediatrician and mother is Waldorf hand craft teacher. Crafts and hand work are our life, so the house is always full with joy and beauty. Liron and Yuval ▶ [cavari@hannaton.co.il](mailto:cavari@hannaton.co.il)

▼ We are parents at the Rudolf-Steiner Waldorf School in Hamburg-Bergedorf, Germany. I have been employed there as facility manager for more than 10 years. Our children are 18 and 15 years old and we are now looking for contact to parents or colleagues at your school, because we would like to organize a journey for next summer. Perhaps amongst you is someone from whom we could rent a camper or find a holiday home at a reasonable price? We would also be happy to welcome someone here in Hamburg in return. We are also working for the parents' association of our school as well as within the school's board and if we would come to visit, we would be interested in exchanging information about parents' participation in your school's structure. Looking forward to receive any helpful hints, we remain with kindest regards from Hamburg. Christiane and Joachim Haase

▶ [j.haase.hamburg@web.de](mailto:j.haase.hamburg@web.de)

## Marketplace

▼ Cascadia Society is accepting applications for an experienced **bookkeeper**. This position is approximately 8-15 hrs per month off site (mainly weekends) starting in April, 2012.

For a copy of the job description, to receive an application form or for more information please email Leslie Fish

▶ [leslie@cascadiasociety.org](mailto:leslie@cascadiasociety.org)

▼ The Cascadia Society is accepting applications for a **cleaning person**. The position requires 4-5 hours per week, either during the week or on weekends, starting at the beginning of March 2012. For a copy of the job description, to receive an application form or for more information please email Leslie Fish

▶ [leslie@cascadiasociety.org](mailto:leslie@cascadiasociety.org)

▼ **Spanish Lessons, conversation and tutoring**. Beginner, intermediate and advanced levels in grammar, conversation, pronunciation, comprehension, confidence building. Help with homework. Lessons are tailored to the level and needs of each student. Tuesday, Wednesday, Thursday mornings. Lesson schedule between 9:30a-1:30p. \$30/hr. Group rates available. Born in Mexico City and raised in both Mexico and the United Kingdom. I have extensive experience teaching children, teens and adults.

Debbie – Grade Five parent

▶ (604) 671-9458

▼ It's that time of year again! Are you tired a lot? Suffering from mid-afternoon "crashes"? I would like to introduce you to a natural product that consistently provides me with even energy throughout the day and into the evening. It works, and it makes a difference! Jeff Feldman ▶ (604) 725-5798

▼ **Open yourself up to the true you!**

Do you feel stuck? Are you restricted by your limitations? Do you desire change in your life? I'd love to help you open yourself up to the amazing person you truly are inside. What is it going to take for you to have the life you want to live? If you're ready to remove the limitations from you and your life so you can be and live the life that is really you, call Karlina (Preschool parent)

▶ (604) 987-7271

▶ [www.joyfullhearts.com](http://www.joyfullhearts.com)

▼ I would like to welcome old and new friends to my newly finished **tiny house toy studio**. I will be open by appointment most days and evenings. My specialty is dolls made from up-cycled wool sweaters as well as little felt characters. I can also do custom orders if you want a doll made in the likeness of your child. Please check out my online store at ▶ [www.craftinat.etsy.com](http://www.craftinat.etsy.com). The tiny house toy studio will host doll-making workshops of groups of 3 or 4. If you have a few friends who would like to learn the art of doll-making, please let me know and we can have a chat about dates and times. I look forward to seeing you all.

Tina Thorndycraft (Gr 11 parent)

▶ (604) 837-9673 (cell)

▶ (604) 988-3864 (home)

▼ For ten years, **Yogapod** has been the north shore's heart of sacred movement, a community of open minds and brilliant hearts. As we continue to grow as parents in the Waldorf community we would like to invite you into our nourishing environment at the Pod. We have a variety of yoga classes offered seven days a week and as family or faculty of the Waldorf school we would like to extend to you **20 % off** any of our regular-priced passes. We look forward to seeing you on the mat. Peace and light.

Laurie and Todd Inouye (Gr2 & Kindergarten parents)

▶ [www.yogapod.com](http://www.yogapod.com)

▼ **Fairly traded certified organic reingold coffee**. Fresh from the roaster each week. Grown in the highlands of Chiapas, Mexico and skillfully roasted locally. All blends available ground, whole beans and decaffeinated (light / dark) through the Swiss Water Process. Less acidic 100% arabica, smoother for sensitive stomachs.

Michael ▶ (604) 987-4935

▼ Seeking single bed with mattress, lightly used and very clean, for student room, for a good price. Thank you Abegael Fisher-Lang ▶ (604) 985-5168

▼ **Non-Pasteurized Local Honey.** At the moment, blackberry, raspberry, clover, alfalfa/clover. For more info: Michael at  
▶ (604) 987-4935  
▶ [mroboz@infoserve.net](mailto:mroboz@infoserve.net)

▼ **Rothe biodynamic organic apples** and Ferme Delapointe organic maple syrup is available.

Biodynamic Fuji, Jonagold, Golden Delicious, : \$40/40lb box,

6 x 2 qt Jonagold apple juice \$35.

Dried Fuji apples \$10/lb.

Jonagold Apple Juice 6 x 2 qt glass bottles/box \$35

Organic Maple syrup # 2 amber:

2 litres \$35, 4 litres \$65.

8 x 540 ml tins/box \$70.

Les Tulloch ▶ (604) 765-3548

▼ **Canucks tickets available:**

Group seats Mar 6 Dallas 5x seats together \$67 each section 329 row 15 and 12 x seats together section 305 row 11 \$82 each. Buy a few or all. Group seats may also be available in the lower bowl non-drinking section, for \$128 each for Mar 1 St Louis, Mar 14 Phoenix and Mar 28 Colorado.

Also lower bowl section 109 row 8 seats 107, 108,\$130 each for the following games: Mar28 Colorado, Apr 3 Anaheim.

Les Tulloch ▶ (604) 764-3548

▶ [lestulloch@gmail.com](mailto:lestulloch@gmail.com)

The Vancouver  
Waldorf  
School

# From Seven To Fourteen

## The Next Seven Years

A Lecture for Parents

The Child's Journey  
from  
Kindergarten  
through Grade School

Tuesday February 28  
7:30pm

at the

Vancouver Waldorf School  
2725 St Christophers Road  
North Vancouver

604.985.7435 x 0

[www.vws.ca](http://www.vws.ca)

*How does Waldorf education nurture the development of children once they are ready to begin formal academic learning in first grade and beyond?*

In this adults-only presentation, we will discuss how the Waldorf curriculum and the uniquely evolving approach to teaching accompany the child's unfolding consciousness from the imaginative/picture experience of Grade One, through the transition from a mythological perception, to a dawning realism during the middle grade school years.



**Phil Fertey** has been a class teacher for the past nine years and, in that capacity, has taught all of the elementary grades. Phil is currently the Grade Two class teacher and the parent of a Vancouver Waldorf School Grade Ten student. Phil has a MBA from York University and twelve years experience in advertising as a writer.



**VWS Class of  
2012**

invites you to an evening full of laughter

# IMPROV



**Saturday  
March 3  
7:00 pm**



## **Comedy Night** with silent & live auctions

**DJ with dance music after the show**  
**Tapas** *(Included in the ticket price)*  
**Cash bar**

with **Gary Jones & Alan Marriott**

Please join us at this fundraising event for the **VWS Class of 2012's** End of Year Trip. Our students will assist Costa Rica biologists with practical work in their study of turtle conservation, including protection of the sea turtle and sustainable egg harvesting programs.

### **Dance Addicts Studio**

4622 E Hastings Street  
Burnaby

### **Tickets:**

**\$40** at the High School & Grade School  
Reception offices  
**\$50** at the door  
**19 years and over**

### **Info:**

**Martina: 604.562.4093**  
**Meg: 604.619.4461**

# Spring Craft **Market**



**Saturday**  
**March 17**  
**10am - 3pm**

Local hand crafted gifts & accessories, Waldorf inspired art supplies & toys for children including Ostheimer, Kinderkram, Lyra, Sarah's Silks and more.

**Vancouver  
Waldorf School**

2725 St. Christophers Rd  
North Vancouver  
(in Lynn Valley)



**Come fill your Easter baskets!**

The Vancouver  
**Waldorf  
School**

# Festival of the Arts

Thursday  
**March 22**  
at **6:30pm**

A showcase of students' artistic development facilitated by the Waldorf curriculum.

**Centennial Theatre**  
2300 Lonsdale Avenue  
North Vancouver

### **Tickets**

Adults \$18

Seniors and Students \$15

Children 12 and under \$5

*For more information and tickets, please call*

**604.985.7435 ext 0**

**[www.vws.ca](http://www.vws.ca)**



**[www.vws.ca](http://www.vws.ca)**