



Hot Lunch Program



Student's Name: _____

Grade: _____

Contact Name & Email: _____

Phone: _____

Date	Menu	Lunch Options \$5.00 <i>(please tick)</i>	Sides <i>(please tick)</i>	Salad \$2.00	Daily Total
Wednesday, May 16 <i>*Please submit your order by Monday, May 14</i>	Black Bean and Rice Burritos * Served on wheat tortillas * GF option on brown rice wraps * With or without cheese * A selection of toppings * Optional salad \$2.00	<input type="checkbox"/> Bean & Cheese <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free	<input type="checkbox"/> Salsa <input type="checkbox"/> Guacamole <input type="checkbox"/> Sour cream	<input type="checkbox"/> Salad	
Wednesday, May 30 <i>*Please submit your order by Friday, May 25</i>	Penne Pasta with Zesty Tomato Sauce * Served with garlic bread * Optional cheese and meatballs, or vegan * GF option rice penne & garlic bread * Optional salad \$2.00	<input type="checkbox"/> Meatballs & Cheese <input type="checkbox"/> Cheese only <input type="checkbox"/> Vegan parmesan <input type="checkbox"/> Gluten-free		<input type="checkbox"/> Salad	
Wednesday, June 6 <i>*Please submit your order by Friday, June 1</i>	Greek Feast * Greek chicken or tofu * Roasted potatoes & tzatziki * Optional Greek salad with or without feta cheese \$2.00	<input type="checkbox"/> Chicken <input type="checkbox"/> Tofu <input type="checkbox"/> Vegan		<input type="checkbox"/> Salad	
Total on Check					

Make checks payable to **Vancouver Waldorf School** with "Hot Lunch" in the memo line. Please return all forms with payment (cash or cheque) to Reception or to your child's teacher by the *Monday before* you would like your meal delivery. All burritos will be delivered to the Grade School classes in time for **Wednesday's** lunch.